

ABOUT ME

Hi there! I'm Kimberley, a graduate of the nutrition program at Acadia University. This fall I will begin my Masters of Health Science in Nutrition Communication at Ryerson, as well as my dietetic internship.

I was born & raised in Barbados where I learnt to sail, and quickly joined the National Team to represent my island internationally before moving to Canada to continue my education.



EXPERIENCE

- Office Administration
 - Booking & managing appointments
 - Insurance submission
- Social Media Management
 - Development & design of blog posts using programs such as **Canva** and **Adobe Spark**
 - Scheduling of Instagram & blog posts using programs such as **Planoly** and **Plann**
- Blog Writing

AREAS OF INTEREST

My primary areas of interest include:

- Sports nutrition
- Management of non-communicable diseases
- Critical care
- Cultural awareness & competency

AVAILABILITY

Approximately

20 to 25 hours

per week